

Health At Every Size® Curriculum Feedback Survey

1. On a scale from 1-5, please rank your level of satisfaction with the Health At Every Size (HAES) curriculum (1 = not at all satisfied, 5 = very satisfied): _____

2. How likely are you to recommend the Health At Every Size curriculum to a friend or colleague?

not at all likely not very likely neutral somewhat likely very likely

3. Which of the following components of the curriculum did you receive (check all that apply):

Day 1: Overview Day 2: Healthy Relationships with Food/Exer. Day 3: Size Acceptance

4. Please rate each of the presentation qualities

Key: 1 = poor, 5 = outstanding

	1	2	3	4	5
Content (appropriate for target audience)					
Creativity, captures audience attention					
Visual aids (PowerPoint® slides, etc.)					
Flow					

5. Overall, compared to before receiving the HAES curriculum, in what ways have your thoughts and attitudes changed about each of the following:

- Weight: _____

- Food: _____

- Exercise: _____

- Size Discrimination: _____

6. What did you like about the HAES curriculum? _____

7. What did you not like about the HAES curriculum? _____

8. Suggestions for changes in the HAES curriculum: _____

9. Additional Comments: _____

Thank you for your feedback.