Health At Every Size® Curriculum Feedback Survey

1. On a scale from 1-5, please rank your level of satisfaction with the Health At Every Size (HAES) curriculum (1 = not at all satisfied, 5 = very satisfied): _______

2. How likely are you to recommend the Health At Every Size curriculum to a friend or colleague?
   - not at all likely
   - not very likely
   - neutral
   - somewhat likely
   - very likely

3. Which of the following components of the curriculum did you receive (check all that apply):
   - Day 1: Overview
   - Day 2: Healthy Relationships with Food/Exer.
   - Day 3: Size Acceptance

4. Please rate each of the presentation qualities
   Key: 1 = poor, 5 = outstanding
   
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5. Overall, compared to before receiving the HAES curriculum, in what ways have your thoughts and attitudes changed about each of the following:
   - Weight: ____________________________________________________________
   - Food: _____________________________________________________________
   - Exercise: _________________________________________________________
   - Size Discrimination: ____________________________________________

6. What did you like about the HAES curriculum? ______________________

7. What did you not like about the HAES curriculum? ____________________

8. Suggestions for changes in the HAES curriculum: ______________________

9. Additional Comments: _____________________________________________

Thank you for your feedback.